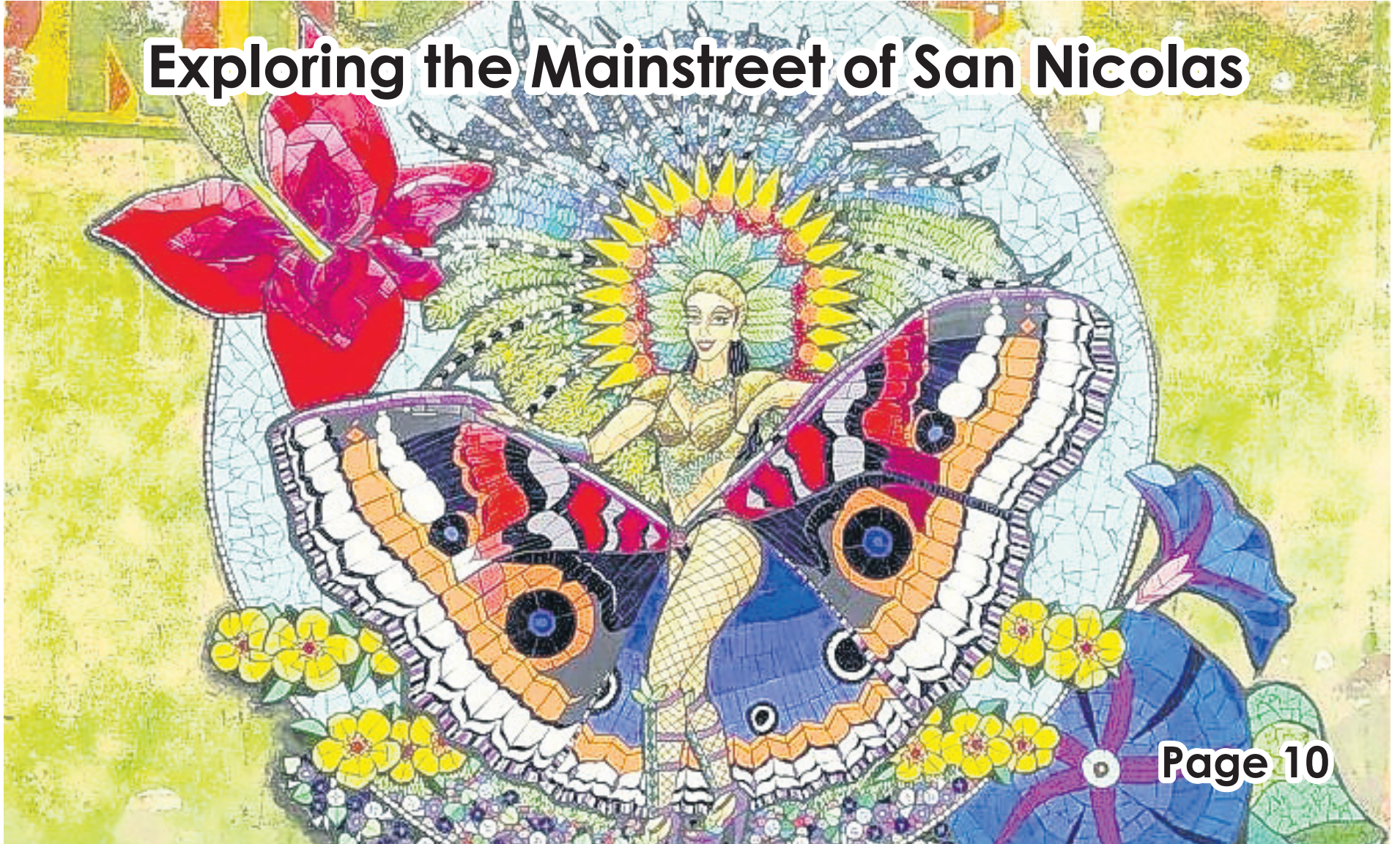




Exploring the Mainstreet of San Nicolas



Page 10

LIVE ENTERTAINMENT 7 DAYS A WEEK

PROFESSIONAL COMPLIMENTARY
PICTURES ON TUESDAY AND FRIDAY

SUNDAY: MARRYBELL MADURO SINGER 6:30 TO 8:30 P.M.	MONDAY: ANDERSON BAHAMON SINGER 6:30 TO 8:30 P.M.	TUESDAY: JEAN PAUL SAXOPHONIST 6:30 TO 8:30 P.M.	WEDNESDAY: MAILLEYN ALVARADO VIOLINIST 6:30 TO 8:30 P.M.	THURSDAY: MARRYBELL MADURO SINGER 6:30 TO 8:30 P.M.	FRIDAY: MAILLEYN ALVARADO VIOLINIST 7:00 TO 9:00 P.M.	SATURDAY: RICKY THOMAS GUITAR 6:30 TO 8:30 P.M.
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Trump's testing plans for U.S. nuclear weapons won't include explosions, energy secretary says



U.S. Secretary of Energy Chris Wright comments on the National Nuclear Security Administration furloughing 1,400 federal workers as part of the shutdown which began Oct. 1, during a news conference at the Nevada National Security Site (NNSS) in Las Vegas on Monday Oct. 20, 2025.

Associated Press

By **AAMER MADHANI**
Associated Press
WEST PALM BEACH, Fla.
(AP) — New tests of the U.S. nuclear weapons system or-

dered up by President Donald Trump will not include nuclear explosions, Energy Secretary Chris Wright said Sunday.

It was the first clarity from the Trump administration since the president took to social media last week to say he had "instructed the Department of War to start testing our Nuclear Weapons on an equal basis."
"I think the tests we're talking about right now are system tests," Wright said in an interview on Fox News' "Sunday Briefing." "These are not nuclear explosions. These are what we call noncritical explosions."
Wright, whose agency is responsible for testing, added that the planned testing involves "all the other parts of a nuclear weapon to make sure they deliver the appropriate geometry and they set up the nuclear explosion."

The confusion over Trump's intention started minutes before he held a critical meeting in South Korea with Chinese President Xi Jinping. Trump took to his Truth Social platform and appeared to suggest he was preparing to discard a decades-old U.S. prohibition on testing the nation's nuclear weapons. Later that day, as he made his way back to Washington, Trump was coy on whether he really meant to say he was ordering the resumption of explosive testing of nuclear weapons — something only North Korea has undertaken this century — or calling for the testing of U.S. systems that could deliver a nuclear weapon, which is far more routine. He remained opaque on Friday when asked by reporters about whether he intended to resume underground nuclear detonation tests. "You'll find out very soon," Trump told reporters aboard Air Force One on Friday, as he headed to Florida

for a weekend stay. The U.S. military regularly tests its missiles that are capable of delivering a nuclear warhead, but it has not detonated the weapons since 1992. The Comprehensive Nuclear Test Ban Treaty, which the U.S. signed but did not ratify, has been observed since its adoption by all countries possessing nuclear weapons, North Korea being the only exception. Trump announced his plans for nuclear tests after Russia announced it had tested a new atomic-powered and nuclear-capable underwater drone and a new nuclear-powered cruise missile. Russia responded to Trump's nuclear testing comments by underscoring that it did not test its nuclear weapons and has abided by a global ban on nuclear testing. The Kremlin warned though, that if the U.S. resumes testing its weapons, Russia will as well — an intensification that would restart Cold War-era tensions. □

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Michigan lawyer says a Halloween terror plot that FBI Director Kash Patel described never existed

By **JOSH FUNK**
Associated Press

A Michigan defense lawyer is disputing FBI Director Kash Patel's allegations that his 20-year-old client and four other young suspects were planning to carry out a terror attack on Halloween weekend. Announcing their arrests on Friday, Patel said more information would be coming soon, however the FBI and Michigan authorities have offered few details about the case. Spokespersons for the state and national FBI and the U.S. Attorney in Detroit did not immediately respond to messages Saturday. The investigation involved discussion in an online chat room involving at least some of the suspects who were taken into custody, according to two people briefed on the investigation who could not publicly

discuss details. They spoke to The Associated Press on condition of anonymity. The group allegedly discussed carrying out an attack around Halloween, referring to "pumpkin day," according to one of the people. The other person briefed on the investigation confirmed that there had been a "pumpkin" reference. However, lawyer Amir Makled, who represents a man from the suburb of Dearborn who was still detained on Saturday, said federal authorities haven't given him many details about the investigation but after reviewing the matter, he concluded that no terror event was planned. He said he doesn't expect any charges will be filed. "I don't know where this hysteria and this fearmongering came from," Makled said. □

Shutdown stalemate set to drag into sixth week as Trump pushes Republicans to change Senate rules

By MARY CLARE JALONICK
Associated Press

WASHINGTON (AP) — Republicans and Democrats remained at a stalemate on the government shutdown over the weekend as it headed into its sixth week, with food aid potentially delayed or suspended for millions of Americans and President Donald Trump pushing GOP leaders to change Senate rules to end it.

White House Press Secretary Karoline Leavitt said Sunday that Trump has spoken to Senate Majority Leader John Thune, R-S.D., and House Speaker Mike Johnson, R-La., as he has publicly and repeatedly pushed for an end to the Senate filibuster. But Republicans have strongly rejected Trump's calls since his first term, arguing that the rule requiring 60 votes to overcome any objections in the Senate is vital to the institution and has allowed them to stop Democratic policies when they are in the minority.

Leavitt said Sunday that the Democrats are "crazed people" who haven't shown any signs of budging. "That's why President Trump has said Republicans need to get tough, they need to get smart, and they need to use this option to get rid of the filibuster, to reopen the government and do right by the American public," Leavitt said on "Sunday Morning Futures" on Fox News.

Democrats have voted thirteen times against reopening the government, denying Republicans the votes in the 53-47 Senate as they insist on negotiations to extend government health care subsidies that will be cut off at the end of the year. Republicans say they won't negotiate until the government is reopened.

With the two parties at a standstill, the shutdown, now in its 33rd day, appears likely become the longest in history. The previous record was set in 2019, when Trump demanded that Congress give him money for a U.S.-Mexico border wall.

A potentially decisive week
Trump's push on the filibuster could prove a distraction



Sen. John Barrasso, R-Wyo., the Senate GOP whip, left, and Speaker of the House Mike Johnson, R-La., arrive for a news conference with top Republicans on the government shutdown, at the Capitol in Washington, Oct. 1, 2025.

Associated Press

for Thune and Republican senators who have opted instead to stay the course as the consequences of the shutdown have become more acute, including more missed paychecks for air traffic controllers and other government workers and uncertainty over the Supplemental Nutrition Assistance Program, or SNAP.

Republicans are hoping that at least some Democrats will eventually give them the votes they need as they hold repeated votes on a bill to reopen the government. Democrats have held together so far, but some moderates have been in talks with rank-and-file Republicans about potential compromises that could guarantee votes on health care in exchange for reopening the government. Republicans need five additional Democrats to pass their bill.

"We need five with a backbone to say we care more about the lives of the American people than about gaining some political leverage," Thune said on the Senate floor as the Senate left Washington for the weekend on Thursday.

Virginia Sen. Tim Kaine, a Democrat, said on ABC's "This Week" on Sunday that there is a group of people talking about "a path to fix

the health care debacle" and a commitment from Republicans not to fire more federal workers.

But it's still unclear if those talks could produce a meaningful compromise. The coming week could also be crucial for Democrats as the open enrollment period for health care marketplaces governed by the Affordable Care Act opened Nov. 1 and people are already starting to see spikes in premium costs for the next year, meaning it may be too late to make immediate changes. Democrats are also watching the results of gubernatorial elections in Virginia and New Jersey on Tuesday.

No appetite for bipartisanship
As Democrats have pushed Trump and Republicans to negotiate, Trump has showed little interest in doing so. He immediately called for an end to the Senate filibuster after a trip to Asia while the government was shut down.

Leavitt said Sunday that the president spoke to both Thune and Johnson about the filibuster. But a spokesman for Thune said Friday that his position hasn't changed, and Johnson said on Sunday that Republicans traditionally have resisted calling for an end to the filibuster because it protects

them from "the worst impulses of the far-left Democrat Party." Trump's call to end it "is a reflection of all of our desperation," Johnson said on "Fox News Sunday." Trump has spent much of the shutdown mocking Democrats, posting videos of House Democratic leader Hakeem Jeffries in a Mexican sombrero. The White House website has a satirical "My Space" page for Democrats, a parody based on the social media site that was popular in the early 2000s. "We just love playing politics with people's livelihoods," the page reads.

Democrats have repeatedly said that they need Trump to weigh in. Virginia Sen. Mark Warner said that he hopes the shutdown could end "this week" because Trump is back in Washington.

Republicans "can't move on anything without a Trump sign off," Warner said on "Face the Nation" on CBS.

Record-breaking shutdown
The 35-day shutdown that lasted from December 2018 to January 2019 ended when Trump retreated from his demands over a border wall. That came amid intensifying delays at the nation's airports and multiple missed paydays for hundreds of thousands of federal workers.

Transportation Secretary Sean Duffy said on ABC's

"This Week" that there have already been delays at several airports as air traffic controllers aren't getting paid "and it's only going to get worse."

Many of the workers are "confronted with a decision," he said. "Do I put food on my kids' table, do I put gas in the car, do I pay my rent or do I go to work and not get paid?"

As flight delays around the country increased, New York City's emergency management department posted on Sunday that Newark Airport was under a ground delay because of "staffing shortages in the control tower" and that they were limiting arrivals to the airport.

"The average delay is about 2 hours, and some flights are more than 3 hours late," the account posted. "FAA planning notes show a possibility of a full ground stop later if staffing shortages or demand increases."

SNAP crisis

Also in the crossfire are the 42 million Americans who receive SNAP benefits. The Department of Agriculture planned to withhold \$8 billion needed for payments to the food program starting on Saturday until two federal judges ordered the administration to fund it.

House Democratic leader Jeffries accused Trump and Republicans of attempting to "weaponize hunger." He said that the administration has managed to find ways for funding other priorities during the shutdown, but is slow-walking pushing out SNAP benefits despite the court orders.

"But somehow they can't find money to make sure that Americans don't go hungry," Jeffries said in an appearance on CNN's "State of the Union."

Treasury Secretary Scott Bessent, in his own CNN appearance Sunday, said the administration continues to await direction from the courts.

"The best way for SNAP benefits to get paid is for Democrats — for five Democrats to cross the aisle and reopen the government," Bessent said. □

Mississippi woman kills escaped monkey fearing for her children's safety

By **MICHAEL SCHNEIDER**
Associated Press

One of the monkeys that escaped last week after a truck overturned on a Mississippi roadway was shot and killed early Sunday by a woman who says she feared for the safety of her children. Jessica Bond Ferguson said she was alerted early Sunday by her 16-year-old son who said he thought he had seen a monkey running in the yard outside their home near Heidelberg, Mississippi. She got out bed, grabbed her firearm and her cellphone and stepped outside where she saw the monkey about 60 feet (18 meters) away.

Bond said she and other residents had been warned about diseases that the escaped monkeys carried so she fired her gun.

"I did what any other mother would do to protect her children," Bond, who has five children ranging in age from 4 to 16, told The Associated Press. "I shot at it and it just stood there, and I shot again, and he backed up and that's when he fell."

The Jasper County Sheriff's Office confirmed in a social media post that a homeowner had found one of the monkeys on their property Sunday morning but said the office didn't have any details. The Mississippi Department of Wildlife, Fisheries, and Parks took possession



This photo provided by Scotty Ray Boyd shows an escaped monkey sitting in the grass Tuesday, Oct. 28, 2025, in Heidelberg, Miss.

Associated Press

of the monkey, the sheriff's office said.

The Rhesus monkeys had been housed at the Tulane University National Biomedical Research Center in New Orleans, Louisiana, which routinely provides primates to scientific research organizations, according to the university. In a statement last week, Tulane said the monkeys do not belong to the university, and they were not being transported by the university.

A truck carrying the monkeys overturned Tuesday on Interstate 59 north of Heidelberg.

Authorities have said most of the 21 monkeys were killed. The sheriff's department has said animal experts from Tulane examined the trailer and had determined three monkeys had escaped.

The Mississippi Highway Patrol has said it was investigating the cause of the crash, which occurred about 100 miles (160 kilometers) from the state capital, Jackson. Rhesus monkeys typically weigh about 16 pounds (7.2 kilograms) and are among the most medically studied animals on the planet. Video recorded after the crash

showed monkeys crawling through tall grass beside the interstate, where wooden crates labeled "live animals" were crumpled and strewn about.

Jasper County Sheriff Randy Johnson had said Tulane officials reported the monkeys were not infectious, despite initial reports by the truck's occupants warning that the monkeys were dangerous and harboring various diseases. Nonetheless, Johnson said the monkeys still needed to be "neutralized" because of their aggressive nature.

The monkeys had recently received checkups confirming they were pathogen-free, Tulane said in a statement Wednesday.

About 10 years ago, three Rhesus macaques in the breeding colony of what was then known as the Tulane National Primate Research Center were euthanized after a "biosecurity breach," federal inspectors wrote in a 2015 report. The breach involved at least one staff member failing to adhere to biosafety and infection control procedures, it said. The facility made changes in its procedures and retrained staff after that happened, according to the report from the U.S. Animal and Plant Health Inspection Service.

Rhesus macaques "are known to be aggressive," according to the Mississippi Department of Wildlife, Fisheries and Parks. It said the agency's conservation workers were working with sheriff's officials in the search for the animals.

The search comes about one year after 43 Rhesus macaques escaped from a South Carolina compound that breeds them for medical research because an employee didn't fully lock an enclosure. Employees from the Alpha Genesis facility in Yemassee, South Carolina, had set up traps to capture them. □



The HF Sinclair Navajo Refinery stands in Artesia, New Mexico, May 21, 2025.

Associated Press

ARTESIA, N.M. (AP) — Emergency crews responded

Friday to an explosion at an oil refinery in New Mexico as

Explosion at New Mexico oil refinery sends thick smoke across Artesia

thick smoke emerged from the plant and drifted across parts of the city of Artesia before crews were able to extinguish the flames.

Navajo Refinery operator HF Sinclair said that the fire had been extinguished and that three people were transported off-site for medical attention. No other injuries were reported.

Air monitoring on the perimeter of the refinery and in a nearby community showed no risk to public safety, said Corinn Smith, a spokesperson of HF Sinclair. It was unclear whether refinery production was affected.

Artesia Police Commander Pete Quiñones said that

police and other first responders scrambled to the site before the fire was contained.

Authorities said the smoke had dissipated by Friday afternoon and roads were reopened. The New Mexico Environment Department said it was sending a team to Artesia to assess conditions and monitor air quality.

The refinery sits adjacent to Artesia's main intersection, which serves as an artery from the Permian Basin in the southeastern corner of the state to the rest of New Mexico.

The company's website notes that the facility has

a crude oil capacity of 100,000 barrels per day, making it the largest in New Mexico, but it wasn't immediately clear how full the plant was at the time of the incident.

The plant serves markets in the southwestern United States by processing oil acquired from the basin, which is one of the busiest in the world. It operates alongside a refining facility in Lovington, about 65 miles (105 km) away.

HF Sinclair, headquartered in Dallas, Texas, also owns and operates refineries in Kansas, Oklahoma, Wyoming, Washington state and Utah. □

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U.S. and China agree to set up direct military communication channels, Hegseth says

By EILEEN NG

Associated Press

KUALA LUMPUR, Malaysia

(AP) — U.S. Defense Secretary Pete Hegseth said Sunday that Washington and Beijing would establish military-to-military communications channels, adding that bilateral ties between the countries have "never been better."

Hegseth said he spoke with his Chinese counterpart, Admiral Dong Jun, late Saturday on the sidelines of a regional security meeting and that they agreed that "peace, stability and good relations are the best path for our two great and strong countries."

His remarks posted on X came hours after he urged Southeast Asian nations to stand firm and strengthen their maritime forces to counter China's increasingly "destabilizing" actions in the South China Sea.

"China's sweeping territorial and maritime claims in the South China Sea fly in the face of their commitments to resolve disputes peacefully," Hegseth said at a meeting with his counterparts from the Association



U.S. Defense Secretary Pete Hegseth attends the Association of Southeast Asian Nations (ASEAN)-United States Defence Ministers' High Tea, as part of the ASEAN Defense Ministers' meeting, in Kuala Lumpur, Malaysia, Saturday, Nov. 1, 2025.

Associated Press

of Southeast Asian Nations on Saturday.

"We seek peace. We do not seek conflict. But we must ensure that China is not seeking to dominate you or anybody else," he added. The South China Sea remains one of Asia's most volatile flashpoints. Beijing claims almost the entire re-

gion, while ASEAN members the Philippines, Vietnam, Malaysia and Brunei also claim ownership of coastal areas and features. The Philippines, a key U.S. ally, has had frequent clashes with China's maritime fleet. Manila has repeatedly urged a stronger regional response, but ASEAN has

traditionally sought to balance caution with economic ties to Beijing, the region's largest trading partner.

Hegseth said on X he also spoke with President Donald Trump and they agreed "the relationship between the U.S. and China has never been better." Trump's

meeting with Chinese leader Xi Jinping in South Korea earlier this week "set the tone for everlasting peace and success for the U.S. and China," added Hegseth, who left Malaysia on Sunday for Vietnam.

The contrasting messages — a sharp warning at the ASEAN meeting followed by conciliatory language online — underscored Washington's effort to balance deterrence with diplomacy amid rising tensions with Beijing.

"This is damage control. More importantly, it reflects two different currents in U.S. relations with China — one that sees China as a threat and another a possible partner," said Southeast Asian political analyst Bridget Welsh.

In his meeting on Saturday, Hegseth criticized Beijing's recent declaration of the Scarborough Shoal — seized from the Philippines in 2012 — as a "nature reserve." He told the meeting it was "yet another attempt to coerce new and expanded territorial and maritime claims at your expense." □

Iraq's foreign minister calls for disarmament of 'PKK elements' in the north

By QASSIM ABDUL-ZAHRA

Associated Press

BAGHDAD (AP) — Iraq's Foreign Minister Fuad Hussein on Sunday called on Kurdish separatist fighters who have withdrawn to the country's north after waging a decades-long insurgency in Turkey to disarm. Kurdistan Workers' Party, or PKK, began laying down its arms in July in a symbolic ceremony in northern Iraq after withdrawing its fighters from Turkey to Iraq as

part of a peace effort with Ankara.

But armed "PKK elements" remain in northern Iraq, notably in Sinjar and Makhmur, according to Hussein. Speaking on Sunday during a joint news conference in Baghdad with his Turkish counterpart, Hakan Fidan, Hussein said: "We support the agreement between Turkey and the PKK and look forward to the implementation of this agreement and the resolution of

the PKK issue."

Turkey hopes that the PKK will end its armed operations in Iraq and withdraw from there, as well as in parts of Iran and Syria, Fidan said.

"We are working closely with Iraq, and I thank both Iraq and the Kurdistan region for their cooperation in this regard," he said.

Sabri Ok, a member of the Kurdish umbrella organization, the Kurdistan Communities Union, this week said



Iraqi Foreign Minister Fuad Hussein, right, shakes hands with Turkish Foreign Minister Hakan Fidan, in Baghdad, Iraq, Sunday, Nov. 2, 2025.

Associated Press

all PKK forces in Turkey were being withdrawn to areas

in northern Iraq "to avoid clashes or provocations." □

Israel says it received the remains of 3 hostages from Gaza as fragile ceasefire holds

By RENATA BRITO

Associated Press

JERUSALEM (AP) — Israel on Sunday announced that the remains of three hostages had been handed over from Gaza and would be examined by forensic experts, as a fragile month-old ceasefire held.

A Hamas statement earlier said the remains were found Sunday in a tunnel in southern Gaza.

Since the ceasefire took effect on Oct. 10, Palestinian militants had released the remains of 17 hostages, with 11 remaining in Gaza, before Sunday's handover.

Militants have released one or two bodies every few days. Israel has urged faster progress, and in certain cases it has said the remains aren't of any hostage. Hamas has said the work is complicated by widespread devastation.

Israel's military said official identification of these remains would be provided to families first.

Emotions around the remains have been high among families, who continue to rally weekly. On Saturday night, Moran Harari, a friend of the late Carmel Gat, urged Israel to have restraint.

"This cursed war has taken so many lives of dear people



Red Cross vehicles carrying the bodies of three people believed to be deceased hostages handed over by Hamas make their way toward the border crossing with Israel, to be transferred to Israeli authorities, in Deir al-Balah, central Gaza Strip, Sunday, Nov. 2, 2025.

Associated Press

on both sides of the fence. This time, we must not fall into it again," Harari said during a rally in Jerusalem.

Israel in turn has been releasing the remains of 15 Palestinians for the return of the remains of an Israeli hostage. Health officials in Gaza have struggled to identify bodies without access to DNA kits. Only 75 of the 225 Palestinian bodies returned since the ceasefire began have been identified, according to Gaza's Health Ministry,

which has posted photos of remains in the hope that families will recognize them. It is unclear if the Palestinians returned were killed in Israel during the Hamas-led Oct. 7, 2023, attack on southern Israel that sparked the war, died in Israeli custody as detainees or were recovered from Gaza by troops during the war.

The exchange has been the central part of the initial phase of the U.S.-brokered ceasefire. The 20-point plan

includes the formation of an international stabilization force of Arab and other partners that would work with Egypt and Jordan on securing Gaza's borders and ensure the ceasefire is respected.

Multiple nations have shown interest in taking part in a peacekeeping force but called for a clear U.N. Security Council mandate before committing troops.

Other difficult questions include Hamas' disarmament

and the governance of a postwar Gaza, as well as when and how humanitarian aid will be increased.

Israeli Prime Minister Benjamin Netanyahu said earlier Sunday that "there are still pockets of Hamas" in parts of Gaza controlled by Israeli forces.

"There are actually two in Rafah and Khan Younis, and they will be eliminated," Netanyahu said during a Cabinet meeting.

The deadliest and most destructive war ever fought between Israel and Hamas began with the Hamas-led 2023 attack that killed about 1,200 people and took 251 others hostage.

Israel's military offensive has killed more than 68,600 Palestinians in Gaza, according to Gaza's Health Ministry, which doesn't distinguish between civilians and combatants. The ministry, part of the Hamas-run government and staffed by medical professionals, maintains detailed records viewed as generally reliable by independent experts.

Israel, which has denied accusations by a U.N. commission of inquiry and others of committing genocide in Gaza, has disputed the ministry's figures without providing a contradicting toll. □

U.K. police release 1 of 2 men arrested over train stabbings and laud 'heroic' rail worker



Police Superintendent John Loveless addresses the media after a mass stabbing on a London-bound train in Huntingdon, England, Sunday, Nov. 2, 2025.

Associated Press

By PAN PYLAS and

JILL LAWLESS

Associated Press

LONDON (AP) — British police

said Sunday that one of two men arrested in connection with a mass stabbing attack that spread fear and panic

on a London-bound train a day earlier has been released without charge, and that one person, a "heroic" member of the railway staff, remains in a life-threatening condition.

In a statement Sunday evening, police said the only remaining suspect is a 32-year-old British man who remains in custody on suspicion of attempted murder. A second man initially arrested as a suspect was released without charge after it was determined the 35-year-old was not involved.

Police said they are not treating the stabbings as an act of terror and are confident they are not looking for anyone else in connection

with the attack. They have not disclosed a possible motive or the type of knife used. "Our investigation is moving at pace and we are confident we are not looking for anyone else in connection to the incident," said Deputy Chief Constable Stuart Cundy of the British Transport Police.

"As would be expected, specialist detectives are looking into the background of the suspect we have in custody and the events that led up to the attack," he added.

Six people remained in hospitals Sunday, one of them in a life-threatening condition. Police said he is a staff member of the train's operator, London North Eastern Rail-

way, or LNER, which operates the East Coast Mainline services in the U.K.

"Having viewed the CCTV from the train, the actions of the member of rail staff were nothing short of heroic and undoubtedly saved people's lives," said Cundy.

The five others injured during the attack on Saturday evening have been discharged from hospitals.

The two men were arrested eight minutes after the first emergency calls were made at 7:42 p.m. Saturday from aboard the train, where passengers had reported scenes of panic and chaos, with many running through the carriages and some seeking safety in the toilets. □

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National Park Arikok: Aruba's biggest nature conservation

The National Park Arikok comprises almost 18 % of the island. Its rugged terrain, desert-like hills filled with tall cacti, breathtaking coastline and protected local flora and fauna welcome you to be explored. There are numerous animals to discover, for example the bright blue Cododo or mighty Warawara.

The national park Arikok takes you on a memorable journey of the islands past offering unique geological, cultural and historical sites. These can all be enjoyed and explored either on your own or during guided tours. A wide variety of educational and informative programs and fun activities is available.

Did you know that four of the seven species of sea turtle lay their eggs on Aruba's beaches? In the national park, a Least Tern (*Sterna antillarum*) keeps a strict eye on a very special event taking place below on the beach: A majestic Leatherback (*Dermochelys coriacea*) heading back to the ocean after laying her eggs. Sea turtles prefer nesting in the cool and dark hours of the night. And hatchlings usually wait for the cue of cooling surface sand before



emerging.

Nature Conservation

The protected area of National Park Arikok was officially established in 2000. Arikok National Park is a 34 square kilometers (7907 acres) of natural area, located at the north-eastern part of Aruba which contains examples of most of the island's flora and fauna against a backdrop of great geological complexity. We are proud to state that approximately 18% of the total land area of Aruba is assigned as a National Park, to protect and preserve the flora, fauna, geology and historical remains present within Arikok National Park.

The Landscape

There is a great geological variety within the park. The main aspects are the rough

hills of the volcanic Aruba lava formation, the mysterious rocks of the batholithic quartz-diorite/tonalite, and the limestone rocks from fossilized coral. The two tallest hills on the island are situated within the park. Jamanota hill 188 meters (617 ft) and Arikok hill 176 meters (577 ft), from which the name of the park is derived.

The line of the permanently wind-and-wave beaten North Coast is broken by several bays (boca's). Most of them are small yet impressive inlets at the mouth of dry riverbeds. Some of these bays (boca's) are spectacular sights, adorned with white, sandy beaches and sand dunes, as is the case at Boca Prins and Dos Playa.

Arikok is also home to Conchi, Aruba's most important natural attraction; also known as The Natural Pool. The journey to the Pool is and adventure by itself and only possible by foot, horse, or 4x4 vehicle. As of 2020, ATV's and UTVs are not allowed in the park due to its significant impact they have on nature.

Cultural and Historical components

There are a number of sites within the park that attest to the history of Aruba. The Caquetío Indians left rock paintings in Cunucu Arikok

and Fontein Cave.

Old plantation (Cunucus) sites tell the story of an active yet challenging agricultural past.

These Cunucus were also residential areas for the few families that worked the land. These families found ways to survive in the difficult conditions, and were able to erect their homes with materials found in the area. Two of these adobe houses have been restored. Park rangers are learning many of the old building techniques in order to preserve this unique Aruban mud-house. At Cunucu Arikok and near Plantation Prins you can find these adobe houses.

Park Management

For the management of the park, a dedicated foundation "Aruba Conservation Foundation (ACF), formerly known as Aruba National Park Foundation. This foundation was established in

July 2003. In February 2017, mangrove and wetland RAMSAR site #198 Spanish Lagoon was annexed to Arikok National Park due to its importance as a feeding and breeding area for water birds and as a nursery area for a variety of marine organisms. With this addition, the areas under management increased by 70 hectares while the amount of species of flora and fauna to be conserved to over 250. On December 21st, 2018 (AB 2018 no. 77) Parke Marino Aruba – currently consisting of four marine protected areas (MPAs) – was officially established and subsequently brought under management of ACF. In 2019, preliminary management plan for marine were introduced for Parke Marino to conserve reefs, seagrass beds, and mangrove forests and in 2020 ACF was given additional management areas such as the Saliñas (Druif, Malmok, Cerca, Palm Beach, Bubali etc.) and also additional areas such as Rooi Manonchi, Ser'I Teishi etc. Managed areas can be seen here: <https://acf.aw/>.

Visit the National Park Arikok to see the wonder of Aruba's nature. The visitor center in San Fuego and entrance in Vader Piet (San Nicolas) is open daily from 8:00 AM to 16:00 PM. Contact the ACF via e-mail, info@acf.aw or call +297 585 1234 for more information. □



Food culture in Aruba

(Oranjestad) – Like many other cultures, an important aspect of the Aruban cultural identity is our connection to food and food traditions. The local food traditions consist of a melting pot of different cultural and religious eating habits and dishes.

Breakfast, lunch and dinner

The routine of breakfast, lunch and dinner on the island is one that does not completely follow a European or American routine, despite the major influences from these parts of the world on our culture and way of living. When it comes to the three important meals of the day, most of the Aruban population follows a Latin-American influenced routine.

Breakfast

Breakfast in Aruba is quite simple: a cup of coffee or tea, some bread, and sometimes an egg. Sometimes, due to the need of a quick “to-go” breakfast, you may also find many snack trucks and cafes that sell sandwiches, pastechis (meat pie), arepas and empanadas early in the morning.

Main Meal

The main meal is typically eaten in most households around noon or in the afternoon. This can consist of meat, fish, and chicken—stewed or fried—with funchi (polenta) or rice with stewed vegetables. Often, fried or boiled plantain or pan bati (Aruban pancake) is included. Stews are a staple in Aruban cuisine and can be largely influenced by Latin-American and Latin/Afro-Caribbean Stews. Some of the more unique stews and soups from the ABC Islands* include sopi di bonchi cora (red kidney bean soup with pig tail), sopi mondongo (tripe soup), carni stoba (beef stew), comcomber stoba (West Indian gherkin stew) and much more.

Dinner Time

Dinner time can vary significantly from household to household. Unlike the U.S. or in Europe, dinner time typically does not consist of a whole (warm) meal. Instead, the evening



“meal” can typically consist of something lighter, like a sandwich, though it is not uncommon to see leftovers from the main meal reheated and eaten again. Tea and coffee are often also served with the evening snack.

(Religious) Holidays

Christmas is probably the biggest global holiday, and every culture has its own spin on what their Christmas cuisine entails. In Aruba, our Christmas cuisine is again largely based on Latin-American influences, most notably from Venezuela. Ayacas and the famous pan di ham* are two crucial holiday dishes, along with stuffed turkey, roasted glazed ham topped with pineapples, arroz con pollo (rice and chicken) and potato salad, among other items. Traditional drinks include ponche crema (Aruban eggnog), chuculati pinda (hot chocolate with peanut butter), and homemade fruit punch. Desserts include, bolo di pistachio (pistachio cake), bolo di cashupete (cashew cake), quesillo (flan), bolo preto (dark fruit cake), drigidek (gingerbread), pan boyo (bread cake) and more.

Snacks and tasty delights

Besides meals and dishes that are eaten on the dinner table, Aruba also has a food tradition that includes snacks and other tasty delights that you may easily find around the island. These include, Saco*, basket, pastechi, kroket, deditos, Johnny cake and more. These snacks are usually sold at local snack trucks and cafes, often located on the side of the road. In the area of Tanki Leendert and Tanki flip, for example, there are many of these trucks parked on the side of the road and often open until late at night—offering tasty and filling snacks post night-life fun.□

*ABC Islands: Aruba, Bonaire and Curacao

*Pan di ham: Derived from the Venezuelan Pan de Jamon (rolled up bread with ham, raisins and olives)

*Saco: Saco literally means “bag”. Saco contains fried potatoes, plantains, chicken (and ribs) and a Johnny cake, served in a paper bag.

Source: Voeding, voedingsgewoonten en gerechten op Aruba (Nutrition, Food Traditions and Dishes on Aruba) by Biblioteca Nacional Aruba



(Oranjestad)—The cah'i orgel music box is an important and unique instrument that is used on the ABC islands in the Dutch Caribbean. This instrument is a staple in our folklore music, and its significance in the traditions of Aruba has and continues to bring together the old and young.

The origin of the cah'i orgel is said to have come from Europe around

Ever heard of the cah'i orgel? A key instrument in Aruban folklore music

150 years ago. A cross breed between the barrel piano and the organ, the most popular stories said that the instrument came from either England or Germany, but made its way to Italy down to Venezuela, where in 1881, Mr. Horatio Sprock (1866-1949) from Curacao was first introduced to it. After that, Sprock made his own cah'i orgel “Josefina”, and successfully debuted it on the streets of Barquisimeto. Back in Curacao, he started his own cah'i orgel business along with his brother Luis. In Aruba, it is said that the cah'i orgel was introduced by Rufo Wever, who later in his career became one of the composers for the Aruban national anthem.

Rufo Wever was a young musician in 1937 when he established his own cah'i orgel business on the island. Before that he experimented with his uncle's cah'i orgel, and he over the years he learned to build and repair the instrument. In fact, he was incredibly skilled in this, and he was one of the few to have recognized from the start that the cah'i orgel is an instrument that needs preserving.

As mentioned, the cah'i orgel is a music box. made from mahogany wood, it contains a cylinder with a maximum of eight music pieces. By rotating the lever on the front side of the box, the cah'i orgel pro-

duces music similar to that of a piano, and is accompanied often by someone else playing the “wiri”, a percussion instrument made out of steel and reminiscent to the Spanish guiro. Back then, you would often also find someone playing the triangle alongside the cah'i orgel and wiri. In Aruba, the cah'i orgel and wiri is used for traditional music genres, such as the Aruban waltz, tumba, mazurka and more.

Fun fact: another name for the cah'i orgel is the “tingilingi box.”

Source: “E Cilinder Magico entre Aruba y Curaçao” by Marilyn Alcalá-Wallé, Herta Parabirsing-Balentina and Nidia Rosaria-Wallé.



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Aruban legends: Frenchman's Pass

(Oranjestad)—If you ever plan on taking a group tour of the island, you may pass through the Frenchman's Pass in Balashi. The Frenchman's pass (known to locals as "Franse Pas") remains a mysterious—and spooky—road of which its legend is told from generation to generation.

The history of the Frenchman's pass—and how it got its name—dates back to the colonization era, when the French tried to colonize the island, but were met with an angry mob of indigenous settlers, refusing to give up their land. However, as the French were heavily equipped with fire arms, the indigenous settlers began to retreat, and hid away in nearby caves. The French colonizers tried to smoke them out of the caves, but the indigenous settlers ended up inhaling too much smoke and most died in those caves. From then on, this passage was known as Frenchman's Pass, and there have been many accounts of spirits roaming the area of Spanish Lagoon.

There are many ghost stories surrounding this area, but one of the most famous one involves a lonely hitchhiker, trying to find a ride back home in the dark rainy night.

Some time after trying to hitchhike, the man saw a car approaching, appearing almost ghost-like in the rain. However, since he needed a ride real bad, he didn't think twice and jumped in. But to his horror, he noticed that there was no driver in the front. Paralyzed with fear, he didn't dare to get out, and the car started to move.

When approaching a sharp turn, the hitch hiker braced for impact, but just when he thought the car might drive straight off the road and crash, he saw a hand appear out the window and turn the wheel. For the next few turns, the hand appeared again. After having had enough, the man decided to jump out and he ran to Santa Cruz.



Arriving at a nearby bar, he ordered a drink and began to tell everyone about his experience. Everyone grew quiet, because they realized he wasn't some drunk messing around; he was telling the truth.

Some time later, two men walked into the bar and one of them noticed the hitchhiker. He called out to his buddy and said: "Look, there's the idiot who sat in our car

when we were pushing it!"

French man's pass is one of the few sites on the island that keeps the locals on their toes. While most ghost stories may not have real grounds—or some may even be a set up story for a joke, this pass contributes a lot to our culture of folkloric story-telling. □

Source: visitaruba.com

Rock stacking and its harmful effects



(Oranjestad)—Through a Facebook post, the organization Aruba Birdlife Conservation has raised an alarm about the phenomenon of "rock stacking" reaching the area of Baby Beach and warned about the dangers it poses, especially for children.

As known, "rock stacking" is not illegal in Aruba, but its impact on nature is harmful as the stones form part of the natural habitat of small animal species living in Aruba's wilderness. Experts warn that "rock stacking" could even lead certain species to extinction.

In Aruba, much of the "rock stacking" also occurs near Arikok National Park. Although this activity is not illegal in Aruba, it may be time for park authorities to impose stricter regulations on this activity. Tourists often believe that the meaning behind this activity is making a wish, but they do not realize its negative impact.

Aruba Birdlife Conservation's post not only raises alarms about the activity but also now that this phenomenon has reached Baby Beach, some of the stacked stone towers are up to 1.7 meters high, which can be very dangerous, especially for children. □

Exploring the Mainstreet of San Nicolas

SAN NICOLAS— At Just 11 miles southeast from Oranjestad you will enter the city San Nicolas, also known as Sunrise City or Chocolate City. A city that is rich in authentic culture and island charm. San Nicolas is Aruba's second largest city and was once a bustling company town dominated by the oil industry since the early 1930's.

Over the course of four decades, its demographics had changed immensely due to a stream of Afro-Caribbean and South American workers who came to fill the jobs in the oil refinery between the 1920's until the 1960's. To this day traces of the multicultural influences in culinary offerings and customs, housing and population are clearly visible in San Nicolas – more than anywhere else on the island.



Flow of history

If you are looking for history San Nicolas has it.

The Museum of Industry is situated in the Water Tower in San Nicolas and narrates Aruba's industrial history which began in the 19th century. Here you will learn

about gold, aloe, phosphate, oil and the tourism industries which made San Nicolas once a bustling business center. Experience the touching stories of those who were part of this history.

Nicolaas Store built in 1940

and renovated in 2014 is the home of the Community Museum. The collection is remarkable and spans millennia. Ancient fossils stand next to tableaus of an authentically recreated colonial kitchen and bedroom and 19th-century barber shop, just to name a few of

the items of old-time Aruba that has been preserved. A collection of artifacts and other objects of artistic, cultural, historical, or scientific importance can be found here for the purpose of education or enjoyment.

The new San Nicolas

In the shadow of the refinery, an art capital is quietly beginning to grow. This is the new San Nicolas, a place that is starting to become a magnet for all that is young, cool and hip in Aruba. Indeed, San Nicolas has all of the ingredients of an emerging cultural hub – varied history, interesting architecture, and, perhaps most importantly, an urban layout that makes it walkable. As you walk around, the streets are silent but the walls are loud, filled with bright, colorful murals painted by a collection of artists from around the world. □

The Lionfish and its threat to our marine wild life



(Oranjestad)—Despite its colorful and striking appearance, the lionfish has become a Caribbean-wide problem for Atlantic sea life. The Aruban marine wild life is also affected by this beautiful dilemma, as it is foreign to our waters and has become a danger to our local fish and reefs.

Originating from the Indo-Pacific Ocean, the lionfish is a relatively small fish. It has no teeth, but it does protect itself against predators using its sharp, colorful spikes. It is said that the sting of a lionfish can be up

to 100 times more painful than that of a bee's sting.

Its natural predators in the Indo-Pacific are sharks and barracudas, but in the Caribbean Sea, local fish do not recognize the lionfish as part of their diet. In other words, the lionfish has no predators in the Caribbean Sea. And this becomes a major problem for our local marine life; if there are no predators to stimulate population control of lionfish, these fish can continue to reproduce and expand to other parts of the Atlantic, become more invasive

and dangerous for other types of fish.

For Aruba, the lionfish is a problem especially for our local coral reefs. According to Patrick van Brakel, lionfish expert and hunter from the Hunting Lionfish Aruba foundation, every reef has a "cleaning station"—tiny fish that eat algae and other types of waste on a reef, thus maintaining the reef's health and providing food to the fish population in the area. However, as the lionfish feeds off of these tiny fish, it becomes harder for the coral reef to maintain its health.

Patrick also shares the origins of lionfish in the Caribbean Sea. It is theorized that the introduction of these fish in the Atlantic happened in Florida, where people would buy lionfish from across the world to keep in their aquariums. However, lionfish grow, and as these buyers realized that the fish were too much upkeep, they were let out into the ocean to roam free. From continental USA, the lionfish travelled to and

invaded the entire Caribbean area, from Aruba, Bonaire and Curacao up to New York. In Aruba, lionfish were discovered in 2009.

Controlling the lionfish population is challenge, as each female fish can lay up to 40,000 eggs a day. Luckily, we have people like van Brakel who dedicate their lives hunting and capturing these invasive species, using them for consumption and jewelry making.

They are caught with a hand spear, an object resembling a garbage picker with 4 sharp prongs. These spears are used like a sling shot to catch lionfish from a distance. These fish are then put into a collecting tube and taken out of the water. Van Brakel not only catches them himself, but also cooks them for locals and tourists at The LionFish Snack Aruba in Paradera. This way, he does his part in protecting the local wild life. □



Basic driving rules on Aruba: Roundabouts

(Oranjestad)—Have you ever felt confused when you're driving on the highways or backstreets of Aruba? Then we present a simple guide to some of the basic rules of Aruban traffic, along with some tips for things to look out for.

Speed limit

Legally, the speed limit on the four-lane highways is 80 km/h. This speed limit also counts for the main roads that are connected to the highways. The minimum speed is 50 km/h. Most people drive around 60 km/h on the main roads and about 70 km/h on the highways. There are also areas that indicate a speed limit on a sign; these are usually around populated and school areas.

The four-lane highways contain the left-lane, also known as the "fast" lane for each direction. Here is where vehicles can drive up to the maximum speed. However, legally it is not permitted to drive for long periods of time on the left lane. This lane is primarily designed for drivers to switch lanes before a roundabout, for example, if your exit on the roundabout is on your far left. The general lane to drive in—both at maximum and minimum speed—is on the right lane.

Roundabouts

Speaking of roundabouts, it is important to know where you have to enter and drive on the roundabout to make your exit. A good rule of thumb is to count the exits starting from your right side. So, exit 1 would be on your right; exit 2 would be straight ahead; exit 3 would be on your far left and exit 4 would lead to the road paralleled to the one you're on, heading in the other direction.

Most roundabouts have these 4



exits, so they are relatively simple. When you're driving on the four-lane highway, it is important to know when to switch to the left lane to make your exit: if your exit is on your far left (exit 3), then you need to switch to the left lane on the high way before nearing the roundabout so you can take the path that leads you directly to your exit. If your exit is on your right or if you're going straight ahead, you can keep driving in the right lane of the highway.

It's also important to know that vehicles about to enter the roundabout must yield to those already on it. A good rule of thumb is to look out if someone is coming from your left side.

However, other roundabouts can be quite tricky to navigate...

Watty Vos Boulevard (the "paperclip" roundabout)

Probably the biggest roundabout on the island, the "paperclip" roundabout on the Watty Vos Boulevard is one of the trickier roundabouts that could—and has—caused confusion among both tourists and locals. However, once you take a good look at it, it's fairly simple. The basis is just the same as a regular roundabout (left exit? left lane! etc.), but instead of having four different exits like on a regular roundabout, now you have two extra; one on the right and the other on the left side of the roundabout. The rules don't change at all, you just have to keep an extra eye open.

Airport roundabout

Ah, yes. The infamous airport roundabout. The favorite roundabout amongst local, because of its easy (hard) lanes that never

(always) cause confusion among drivers. Sarcasm aside, this roundabout can be tricky to enter, especially when you're driving from the direction of the airport heading. When you're driving away from the airport reaching the roundabout, you'll be faced with three lanes. The far right lane is to take the exit 1 out heading east (right lane of highway). The middle exit is used for exit 1 (left lane of highway), 2 and 3. The far left exit is used to only exit on exit 3 (left lane of highway) and 4.

"Las Americas" roundabout

The Las Americas roundabout is located near the Talk of the Town hotel, west from the airport roundabout. This roundabout may look like a regular roundabout—and for the most part, it is. However, when you are driving from the east going in the direction of town, please take note that there are two exits on your right.

When you're driving towards this roundabout, you'll notice that the road becomes wider, splitting into two lanes. The right lane is used to take the first and second exit on the right. If you want to exit straight ahead, you must drive on the left lane!

It's always scary to drive in new places where the traffic may look and work differently, but once you get it right once, you'll get the hang of it in no time. Additionally, all roundabouts and roads on Aruba have signs and arrows painted on the road to help guide you. So take your time, keep your eyes open and don't forget to wear a seat belt! □



CROSSWORD

By THOMAS JOSEPH

ACROSS

- 1 PC brains
5 Beach robe
11 Michigan, for one
12 Serengeti setting
13 Certain something
14 Like some winter days
15 Fish food
17 Water cooler
18 Allergy sound
22 Tea additive
24 Knock
25 "Do — say!"
26 Pay stub line
27 Some carpets
30 Zodiac dozen
32 Comic strip unit
33 Thurman of film
34 Second-place winner
38 Lunchbox lunch, informally
41 Script bit
42 Writer Susan
43 Kind of palm
44 Calls

45 Shortly, in poems

DOWN

- 1 Thunder sound
2 One of the Beatles
3 European language
4 Spooky gathering
5 Let fly
6 Financially solvent
7 European language
8 Tether
9 Play part
10 Dissenter's vote
16 Piano part
19 European language
20 Sign
21 Makes a choice
22 Door fastener
23 Workplace watchdog: Abbr.
28 European language
29 Water channel
30 Nearest star
31 Staunton
35 Mysterious loch
36 "Do — others ..."
37 Hammer end
38 Try the tea
39 Cigar bit
40 Chinese leader

T	A	P	S		O	R	I	G	I	N
E	U	R	O		P	O	S	A	D	A
E	R	O	S		E	M	P	L	O	Y
M	A	V		P	R	A	Y			
		O	C	E	A	N		J	A	M
P	O	L	A	R		O	B	A	M	A
A	M	O	S			I	R	O	N	
P	I	N	T	A		T	A	L	K	Y
A	T	E		S	W	I	S	S		
			S	I	A	M		B	A	T
G	A	S	T	A	X		H	E	R	E
I	C	E	A	G	E		U	R	G	E
S	T	E	N	O	S		E	G	O	S

1	2	3	4		5	6	7	8	9	10
11					12					
13					14					
15					16					
		17				18		19	20	21
22	23					24				
25								26		
27			28	29		30	31			
32						33				
			34		35				36	37
38	39	40					41			
42							43			
44							45			

11-9

AXYDLBAAXR
is LONGFELLOW

One letter stands for another. In this sample, A is used for the three L's, X for the two O's, etc. Single letters, apostrophes, the length and formation of the words are all hints. Each day the code letters are different.

11-9

CRYPTOQUOTE

SU SZ H ZMSKCUSRSM RHMU
UPHU FQGO AQXF ISVV CQU
HAZQOA MPQVKZUKOQV SR FQG
UHTK SU ROQL HCQUPKO JKOZQC'Z
JVHUK. — XHYK AHOOF

Cryptoquote: IF YOU WANT PEACE,
YOU DON'T TALK TO YOUR FRIENDS. YOU TALK
TO YOUR ENEMIES. — DESMOND TUTU

Cruise ship Schedule: Nov. 2 - 8 2025

			ARR	DEPT	BERTH	CALLS
SUN	02	FREEWINDS - Dept.	****	22.30	E	-
TUE	04	SERENADE OF THE SEAS	08.00	23.00	B	1
		CARNIVAL VISTA	13.00	23.00	C	1
		OASIS OF THE SEAS	08.00	23.00	I	1
WED	05	EMERALD PRINCESS	09.00	18.00	B	1
		CELEBRITY SILHOUETTE	08.00	23.00	C	1
		FREEWINDS	06.00	****	E	1
SAT	08	ROYAL CLIPPER	09.00	18.00	C	1

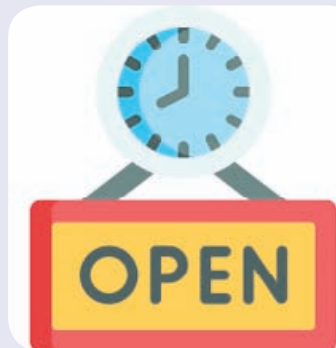
Helpful tips for your stay on Aruba

(Oranjestad)—When traveling to another country, especially for the first time, it is always better to be over-prepared than under-prepared. That is why we have a list of basic but important information that we think may come in handy to Aruba's visitors.



Safety

Since February 2024, Aruba has been categorized as the safest country in the Caribbean by The Telegraph, and many tourist that visit have often told us how they feel safe to explore the island or walk around at night. However, rare incidents do occur, so keep yourself and your belongings safe.



Supermarket hours

Supermarket hours may vary depending on where you are staying on the island. Generally though, most supermarkets are open from 8am to 8 or 10pm, Monday through Saturday. On Sundays, supermarkets generally close earlier; mostly around 2pm.



Electrical power

Aruba generally operates on 110V to 127V supply voltage and 60Hz. There are also three types of outlets used on the island: type A with two flat prongs; type B with two flat and one grounding prong, and on occasion, type F with two round prong and two earth clips on the side. However, Type A is most commonly found in homes and establishments.

SUDOKU

To play sudoku, use logic to fill the empty squares so that each row, each column and each 3x3 box contains the numbers 1-9 only once. Puzzle difficulty increases from Monday to Sunday.

King Classic Sudoku

9	8			6	5			
3		6	1	9				5
	4	1		3				6
4			6			9	5	
		9		5			3	2
6	3	5	9	2		4		
			3					
	5			4	7	8	6	
8	6	7		1		3		4

Difficulty: ★

11/3

Answer to previous puzzle

9	1	2	3	7	8	6	4	5
5	3	7	6	9	4	2	8	1
6	8	4	1	2	5	3	9	7
3	9	6	4	1	7	5	2	8
2	5	8	9	3	6	1	7	4
4	7	1	5	8	2	9	3	6
8	2	5	7	6	9	4	1	3
1	6	9	8	4	3	7	5	2
7	4	3	2	5	1	8	6	9

Difficulty: ★★★★★

11/2

Sinner reclaims No. 1 ranking after beating Auger-Aliassime in Paris Masters final



Italy's Jannik Sinner holds the trophy after winning the final match of the Paris Masters tennis tournament against Canada's Felix Auger-Aliassime in Paris, Sunday, Nov. 2, 2025.

Associated Press

By JEROME PUGMIRE
AP Sports Writer

PARIS (AP) — Jannik Sinner reclaimed the No. 1 ranking in men's tennis after beating Felix Auger-Aliassime 6-4, 7-6 (4) in the Paris Masters final on Sunday. The four-time Grand Slam champion from Italy replaced six-time major winner Carlos Alcaraz at the top as he extended his indoor winning streak to 26 matches, following up victory in Vienna last Sunday with his first Paris title. The ninth-seeded Auger-Aliassime needed to win the tournament at La Défense Arena to clinch the eighth and final spot for the season-ending ATP Finals in Turin, Italy. But Sinner did not concede a break point chance in the match and won the tournament without dropping a set.

"It's huge, honestly. It was such an intense final here and we both knew what's on the line," Sinner said. "For him it's a very tough and difficult spot but from my side I'm extremely happy." Sinner beat Auger-Aliassime for the third straight time — including in the semifinals at this year's U.S. Open — and now leads the Canadian 3-2 in head-to-heads.

"He was serving extremely well," Sinner said. "You have to use your small chances well."

Auger-Aliassime is one of the most consistent players indoors but overall he was unable to trouble Sinner in a one-sided contest which

saw Sinner at his clinical best as he won his fifth title of the year and 23rd of his career.

Sinner won on his first match point with a crisp two-handed backhand down the line, tilted his head back and raised his arms. He then patted his heart as he waved his racket to the crowd.

"The past couple of months have been amazing. We tried to work on things, trying to improve as a player and seeing this kind of result makes me extremely happy," Sinner said. "It has been an amazing year no matter what comes in Turin."

Although Auger-Aliassime had more aces — eight compared to six — Sinner won 91% of first-serve points compared to 81 for his opponent.

"Everything was on the quality of his serve," Auger-Aliassime said. "Hats off to him."

Auger-Aliassime, who has won titles this year in Adelaide, Montpellier and Brussels, received a time violation warning from chair umpire Nacho Forcadell when serving at 30-30 in the ninth game of the second set.

At the changeover, Auger-Aliassime stood and questioned Forcadell, who told him he should have been ready.

Auger-Aliassime disagreed. "I was ready to receive the balls, I didn't have the balls (from the ball kids)," he said. "If I don't have the balls, how can I get ready to serve? I didn't have one ball in my hand."

Auger-Aliassime then sat down and muttered to Forcadell: "You're not serious. You're really not serious, you're really, really not serious."

Sinner served out the first set, clinching it with a whipped forehand winner at the net when his opponent's drop shot sat up invitingly.

There was a brief glimpse of hope for Auger-Aliassime when he was 5-4 up and took Sinner to deuce on his serve in the 10th game.

But an unforced error — a loose forehand long — let the Italian off. Sinner followed up with a love hold,

featuring one exquisite drop shot followed by a clinical lob.

After the defeat, Auger-Aliassime sat on his chair for a few moments with his head bowed.

"It was difficult having to sit there rethinking a few points, having to accept that the match is over," he said. "I wish I didn't make those mistakes to start the match with, I can't give him that at the level he plays."

Beating Sinner is a massive challenge indoors.

"There's no weather conditions that can impact the court, it's hard," Auger-Aliassime said. "He's so balanced and so well-poised in his defense. On his return game, he's balanced everywhere."

He still has a chance of reaching Turin and is vying with Italian Lorenzo Musetti. Both will be in action at ATP 250 tournaments, with Musetti playing in Athens and Auger-Aliassime the top seed in Metz, France. □



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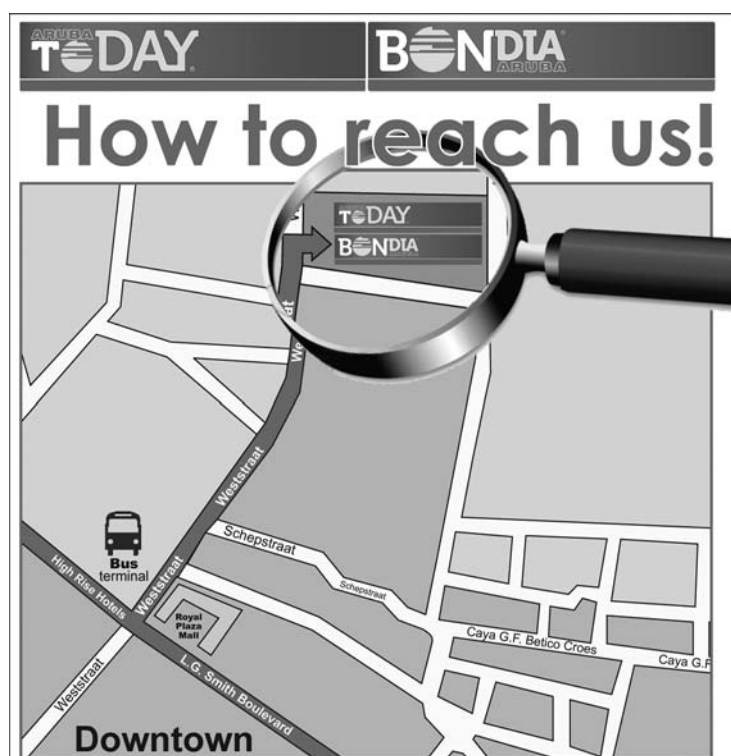
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HEALTH

DOCTOR ON DUTY

Oranjestad

Hospital 7:00 pm / 10:00pm
Tel. 527 4000

San Nicolas

Imsan 24 hours
Tel. 524 8833

PHARMACY ON DUTY

Oranjestad:

Eagle: Tel. 587 9011

San Nicolas:

Centro Medico: Tel. 584 5794

OTHER

Dental Clinic 587 9850

Blood Bank Aruba 587 0002

Urgent Care 586 0448

Walk-In Doctor's Clinic

+297 588 0539

EMERGENCY

Police	100
Oranjestad	527 3140
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Sta. Cruz	527 2900
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ARUBA TODAY NEWS

Bears outlast Bengals for wild 47-42 win on Williams' TD pass to Loveland in final minute

By **JOE REEDY**

AP Sports Writer

CINCINNATI (AP) — Caleb Williams connected with Colston Loveland for a 58-yard touchdown with 17 seconds left, and the Chicago Bears beat the Cincinnati Bengals 47-42 on Sunday in a wild game that featured three touchdowns in the last two minutes and two lead changes in the final minute. After Joe Flacco put the Bengals ahead 42-41 with a 9-yard touchdown pass to Andrei Iosivas, Chicago (5-3) took over on its own 28 with 54 seconds left. Four plays later, on first down from the 42, Williams found Loveland down the middle. The rookie tight end caught it at the Bengals 36, bounced off Cincinnati defensive backs Jordan Battle and Geno Stone and ran to the end zone to give Chicago its fifth win in six games.

Williams passed for 280 yards and three touchdowns, and he also caught a TD pass from D.J. Moore on a trick play for the Bears' first score. He later hauled in a 20-yard pass from Tyson Bagent, becoming the first starting QB in nearly 82 years with multiple receptions in a game. The 40-year-old Flacco, who did not practice on Wednesday and Friday after injuring the AC joint in his right throwing shoulder in last week's loss to the New York Jets, was



Chicago Bears tight end Colston Loveland (84) scores a touchdown during the second half of an NFL football game against the Cincinnati Bengals, Sunday, Nov. 2, 2025, in Cincinnati.

Associated Press

30 of 44 for a career-high 470 yards and four TDs. But the Bengals scored at least 30 points and lost for the second straight week and sixth time dating to last season. Cincinnati (3-6) had not scored 40 points or more in defeat since falling 51-45 to Cleveland on Sept. 16, 2007. Loveland had six catches for 118 yards. Moore, a wide receiver, had a 17-yard touchdown rush along with the scoring pass to Williams. He added four catches for 72 yards.

The Bears appeared to be in good shape after Moore's TD run made it 41-27 with 4:53

left. Flacco was intercepted on the Bengals' next possession, but the Bears went three-and-out, and the veteran led a scoring drive that took just 32 seconds. Flacco found Noah Fant for a 22-yard TD with 1:43 left, and Tee Higgins caught a 2-point conversion pass to get the Bengals within 41-35. Joseph Ossai recovered the ensuing onside kick to keep Cincinnati's hopes alive, and the Bengals took just 49 seconds to take the lead on Flacco's toss to Iosivas. Cincinnati has dropped two straight and six of seven. It allowed at least 31 points for

the third straight game.

Rookie Kyle Monangai rushed for 176 yards on 26 carries as the Bears piled up 576 yards of offense against a Bengals squad that came in ranked last in total defense.

Monangai, a seventh-round draft pick, got the start with D'Andre Swift sidelined due to a groin injury. Monangai finished with a 6.8-yard average and already had 100 yards on 16 carries at halftime.

Chicago rushed for a season-high 283 yards and averaged 7.6 yards on the ground. Brittain Brown,

called up from the practice squad for the game, had a 22-yard touchdown run late in the third quarter to put the Bears up 31-27.

Charlie Jones put Cincinnati ahead 11 seconds into the game by taking the opening kickoff 98 yards, but the Bengals consistently failed to get stops as the Bears scored on seven of their nine drives, including their first four possessions of the second half. Higgins had seven catches for 121 yards and two touchdowns, including a 44-yarder along the left sideline late in the second quarter that gave the Bengals a 20-17 halftime lead. Ja'Marr Chase added 111 yards on six catches.

Williams' milestone

According to Sportradar, the last starting QB with more than one reception in a game was George Taliaferro of the Baltimore Colts on Dec. 5, 1953, at the Los Angeles Rams. He also became third Chicago QB and first since Matt Barkley in 2017 to have a receiving score.

Wild start

Jones found a seam on the left side and took the opening kickoff to the house to put the Bengals up 7-0.

The wide receiver also ran a kickoff back for a score last year. He is the first player to return two kickoffs for TDs since the league changed the kickoff format in 2024. □

Bichette, Schwarber, Tucker among 137 who become free agents



Toronto Blue Jays' Bo Bichette (11) hits a three-run home run against the Los Angeles Dodgers during the third inning in Game 7 of baseball's World Series in Toronto on Saturday, Nov. 1, 2025.

Associated Press

NEW YORK (AP) — Shortstop Bo Bichette, designated hitter Kyle Schwarber and outfielder Kyle Tucker were

among 137 players who became free agents Sunday as baseball's business season started on the day after the World Series.

Third baseman Eugenio Suárez, outfielder Trent Grisham, first basemen Luis Arraez and Josh Naylor, right-handers Dylan Cease and Devin Williams and left-handers Ranger Suárez and Framer Valdez and catcher J.T. Realmuto also were among the players who went free. They can sign with any team starting Thursday. About 60 additional players potentially can go free through Thursday, depending on whether team, player

and mutual options are exercised. Among those with player options or opt outs are Boston third baseman Alex Bregman, New York Mets first baseman Pete Alonso and closer Edwin Díaz, New York Yankees outfielder/first baseman Cody Bellinger, San Diego right-hander Robert Suarez, Detroit right-hander Jack Flaherty and Toronto right-hander Shane Bieber. Padres right-hander Michael King has a mutual option. Awaiting decisions on club options are Boston right-hander Lucas Giolito and Kansas City catcher Salvador Perez.

Teams have until Thursday to

make \$22,025,000 qualifying offers to their former players who became free agents, a figure determined by the average of the top 125 major league contracts this year. Qualifying offers began after the 2012 season, and only 14 of 144 offers have been accepted.

A player can receive a qualifying offer only if he was on a team's roster for the entire season and had not received a qualifying offer previously. Potential free agents ineligible for qualifying offers include Alonso, Bellinger, Bregman, Realmuto and pitcher Nick Martinez. □

Obiri sets women's NYC Marathon course record, Kipruto wins men's race by a fraction of a second

By DOUG FEINBERG

AP Sports Writer

NEW YORK (AP) — The New York City Marathon made history on Sunday with a course record set in the women's competition and the closest race ever on the men's side, which was decided by a fraction of a second.

Hellen Obiri of Kenya broke the women's record while compatriot Benson Kipruto won the men's race by edging Alexander Mutiso by three-hundredths of a second. Obiri, who also won the race in 2023, finished in 2 hours, 19 minutes and 51 seconds. She was running with 2022 winner Sharon Lokedi until Obiri pulled away from her countrymate in the final mile, surging ahead and winning easily by 16 seconds to best the previous course record of 2:22.31 set by Margaret Okayo in 2003.

"It feels so great. ... I am so happy to run the course record," Obiri said. "With 1K to go I felt like I was so strong. I have something left in my tank."

Defending champion Sheila Chepkirui finished third. All three beat the previous course best on a beautiful day for running, with temperatures in the 50s Fahrenheit when the race started. Kipruto and Mutiso separated themselves from the chase pack in the men's race heading into Mile 24. Kipruto seemed to have put the race away, pulling away from Mutiso in the last 200 meters. But Mutiso, who also is from Kenya, wasn't done, surging in the last 50 meters before falling just short. Kipruto, who was running the New York race for the first time, finished in 2:08.40. That finish topped the 2005 race that was decided by a second. "I was aware that Mutiso was behind," said Kipruto, who also has won the Boston, Chicago and Tokyo marathons. "It was so close and I knew because I know Mutiso is a strong guy."

Albert Korir, who won in 2021, was third, giving Kenya a sweep of the top three spots in both the men's and women's races. Joel Reichow was the top American, coming



Benson Kipruto and Alexander Mutiso cross the finish line to win first and second place in the men's elite division of the New York City Marathon, Sunday, Nov. 2, 2025, in New York.

Associated Press

in sixth.

Eliud Kipchoge, who turns 41 next week, wrapped up a historic run as one of the most accomplished marathoners in the sport. Kipchoge, who

has won 11 major world marathons, finished 17th in his first time running NYC.

On the women's side, the trio of former champions separated themselves heading

into the Bronx at Mile 20. American Fiona O'Keeffe and Dutch runner Sifan Hassan had made it a pack of five once the group entered Manhattan a few miles earlier but couldn't hang on for the final 6 miles.

This was the first time that the previous three women's winners had been in the same race since 2018. The trio didn't disappoint, putting forth stellar efforts. It was the second straight year that Kenyans took the top three spots.

O'Keeffe finished fourth, breaking the American course record as she finished in 2:22.49.

"Really exciting. I can't take too much credit for the time, that was all on the women ahead of me," O'Keeffe said.

"Grateful to be back in the marathon. Feels like coming home."

Fellow American Annie Frisbie finished fifth as four of the top nine finishers were from the U.S. Hassan, who won the Sydney Marathon two months ago, was sixth.

The 26.2-mile course took runners through all five boroughs of New York, starting in Staten Island and ending in Manhattan's Central Park. This is the 49th year the race has been in all five boroughs. Before that, the route was completely in Central Park. The first race had only 55 finishers while a record 55,642 people finished last year, the largest in the history of the sport until the London Marathon broke it earlier this year. □



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Create precious memories in the heart of Costa Linda Beach Resort Water's Edge Restaurant offers the complete vacation experience!



(Eagle Beach) – Consider your family dinner plans taken care of at Water's Edge. Located in the heart of the Costa Linda Beach Resort and on the shores of the world-famous Eagle Beach in Aruba, Water's Edge offers an elegant yet cozy dining experience that the entire family can enjoy. Whether you're craving Steak, Seafood, International Dishes or a bit of the Caribbean flare, Water's Edge caters to all your culinary needs, all the while offering you a cozy and flexible service with a spectacular view of Aruba's top-rated sandy beaches.

Water's Edge's new menu has a great variety of appetizers, main courses and delicious desserts all on one menu specially made just for you. From the minute you arrive there will be a great staff welcoming you with the most contagious smiles and warmth. Flexible and professional service allows you to enjoy your meal in the cool and elegant indoor dining area, on the sandy, breezy beaches of Eagle Beach or by the open bar outside. Serving breakfast, lunch and dinner, Water's Edge has it all for you, any time of the day.

Start your day off with a hearty breakfast. Water's Edge offers a variety of delicious breakfast items, including their house specialties of Avocado Toast, Chicken & Waffles made with homemade Belgium waffles and topped

with a gorgeous hot honey sauce. If you want something on the sweeter side, try their Crème Brûlée French Toast, served with an in-house mascarpone whip cream and topped with fresh fruit and powdered sugar. Or maybe the Traditional American Breakfast is more to your liking, complete with any kind of serving of eggs, bacon, sausage and toast, served with a side of hash browns.

For lunch, keep it easy with their handheld items like their Bacon and Cheddar Burger, Mediterranean Quesadillas or Street Tacos. Want a taste of the Caribbean? Try the Grouper Reuben; A local twist to the traditional Reuben, complete with rye bread, in-house 1000 island dressing, sauerkraut and grilled grouper, served with a side of Cajun Fries.

Dinner plans are set with Water's Edge mouthwatering dinner menu. Start your gastronomic journey with a scrumptious appetizer such as the Maryland Crab Cakes, maybe the Crispy Calamari or the delectable Coconut Shrimp. You can also opt for their Water's Edge House Wedge Salad or freshly made Shrimp Louie Salad, made with poached shrimp, tossed in Louie dressing, fresh avocados and vine ripe tomatoes. For something a bit heartier, try their classic French Onion Soup, Lobster Bisque or Crab and Corn Chowder.

Follow your appetizers with your choice of Seafood, Chicken or Pasta dishes. Enjoy their succulent Shrimp and Clam Sauce with Angel Hair Pasta, a nice plate of Chicken Francese or explore the Water's Edge Fish Market—your pick of Mahi Mahi, Snapper, Grouper or Salmon, served with homemade mashed potatoes, sauce of choice and fresh herbs and vegetables.

Meat Lovers will have their fix with choices of Steak, including a Petite Filet, French Rack of Lambs or their famous 14oz pan-seared Pork finished with a fantastic apple glaze. All our steaks options are seasoned with a blend of kosher salt and freshly cracked black pepper. Served with homemade mashed potatoes, seasoned vegetables and a choice of red wine reduction, green peppercorn demi-glace, mushroom sauce, chimichurri or bacon blue cheese butter. Enjoy it with a side of fresh asparagus, seasonal vegetables, and four different types of fries. Combine your meal with your personal



choice of international and exclusive wines.

Kids will enjoy every item of the specially compiled Kids Menu and there are also optional dishes for all vegans, vegetarians and gluten-free guests.

End the culinary voyage with some luscious sweetness. Choose from a variety of dessert options, including a piece of coconut flan, NY cheesecake, carrot cake, chocolate brownie or our classic Tiramisu with kahlua and amaretto served with chocolate sauce and coffee jelly. Not to mention the fresh and light piece of key lime pie.

Live entertainment

For seven nights a week, there is live entertainment by the best local artists for you to enjoy. Whether you're in a romantic mood, or more in a swinging mood, every night is a relaxing experience under the stars, where you can combine great music with delicious cocktails. In addition, Water's Edge offers three daily Happy Hours from 12pm-1pm, 4pm-6pm and again from 9pm-10pm with all premium brands specially priced.

Water's Edge prides itself on bringing elegance and comfort to your dining experience, offering personalized service fit for everybody's needs.

Water's Edge is open daily from 8am – 11pm

To reserve your table please call +297 583 8000 Ext. 8106 or + 297 586 9494 (direct), or reserve your table online at reservations@watersedgearuba.com. For more information about the menus, entertainment and hours, please visit the website watersedgearuba.com

